



CATHOLIC DAUGHTERS OF THE AMERICAS
California State
100 YEARS OF SERVICE
Unity and Charity
GOLDEN STATE TIDINGS

Volume 41 – March 2024

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality, and the advancement of human rights and human dignity for all.

HAPPY EASTER
From your State Board



From your California State Board and Chairmen
 Chaplain Erick Villa

- State Regent Maria Santos-Silva
- First Vice State Regent Lorine Bakowsky
- Second Vice State Regent Sheri Kanagawa
- State Secretary Yvonne Connolly
- State Treasurer Michelle Eck
- Education - Cheryl Vitali
- Family - Laura McQuoid
- Leadership - Ismaela Muniz Heiden
- Legislation - Patty Lepe
- Quality of Life - Andrea Rodriguez-Ochoa
- Spiritual Enhancement - Wynsdey Adams
- Youth/JCDA - Maribel Lara
- Membership/Extension-North - Maureen Laubacher
- Membership/Extension-Central - Kathi Morris
- Parliamentarian – Laura Vacca

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State Chaplain
 Rev. John Erick Villa
 11555 Shannon Avenue
 Dublin, CA 94568
 925-574-7401
frjetvilla@srcdublin.org

State Regent
 Mary Santos-Silva
 P.O. Box 748
 Tulare, CA 93275
 559-901-3482
MSantosSilvaCaCDA@gmail.com

1st Vice State Regent
 Lorine Bakowsky
 1121 Bodmin Avenue
 San Leandro, CA 94579
 510-461-7317
lbakowsky@slzusd.org

2nd Vice State Regent
 Sheri Kanagawa
 2331 W. Andrew Lane
 Hanford, CA 93230
 559-250-7016
skanagawa@hotmail.com

State Secretary
 Yvonne Connolly
 1433 Jesusita Lane
 Santa Barbara, CA 93105
Yconnolly23cacda@gmail.com

State Treasurer
 Michelle Eck
 8517 Middlesax Way
 Sacramento, CA 95828
 916-524-5097
MEck@richardsoncpas.com

GST Editor
 Karen Jones
 308 S Mayo Ave
 Compton, CA 90221
Kdj4237308@gmail.com



FIRST VICE NATIONAL REGENT/NATIONAL SUPERVISOR ~ Essie Walker



My Dear Sisters in Christ,

We are now in the second quarter of the year. As we move forward, we now turn our attention to the Lenten Season. During Lent, we are asked to devote ourselves to seeking the Lord in prayer, reading scriptures, to serve by giving alms. Let us continue to pray for one another.

Hopefully, everyone is getting excited about attending our 60th Biennial National convention in New Orleans. It will be a time to fellowship, participate in the business session, to greet old friends and to meet new friend.

As a reminder, please get your forms and documents in on time for the 2023-2024 National Contest that is going on right now. Each court's participation is especially important. Let other states see the good works that your court is doing.

Have you checked out the added items in our CDA store? If not, please take a moment to do so. Our latest items are a soft plush blanket and a tumbler. While you are there, check out the clearance items.

Please continue to spread the word about Catholic Daughters. Let everyone know that we donate to charities, administer scholarship programs, and strive "to be helping where there is pain, poverty sorrow or sickness." Share that we embrace the principle of faith working through love in the promotion of justice, equality, and the advancement of human rights and human dignity for all. It is important that we continue to share with potential members the good works we do as an order. When speaking, talk about the seven points of the Circle of Love.

If you have homebound or members in the nursing homes, please reach out and let them know they are in our thoughts and prayers. Make that weekly phone call and let them know what is going on in your court. Your call could brighten a member's day.

A Happy Lenten Season and Easter to each of you.

In Unity and Charity,
Essie Walker

*"Faith as Small as a Mustard Seed can move Mountains."
Matthew 17:20*

STATE REGENT ~ Maria Santos-Silva



In May 2022, I found myself in Palmdale CA on Mother's Day weekend coming back from a Catholic Daughter event where I was representing the State Board. I was staying with the State Leadership Chairman at the time Karen Aguirre. Karen introduced me to the lovely Hermanas De La Oración Palmdale, who lived next door to her. We attended one of their Mother's Day Masses and Activities.

For those of you that know me, I grew up in a small farming town, the home of migrant farm workers. My dad was a farmer, I went to public school with and were childhood friends with the migrant farm workers children who lived in our area. I know first-hand the struggles and the beauty of this segment of our community. The hard-working Moms and Dads, the strong family values and the hardships of having to move often in order to follow the harvest.

I felt at home when I walked into the Sisters home. It took me back to my childhood as some of the amazing school activities I would attend with my fellow classmates. The love and sense of family in that room was beautiful. I can still vividly remember how gracious the Sisters and community members were to me, I felt at home. The food was amazing the people were beautiful and when the dinner was done, the festivities started. All the families of this community moved to the center of the room. The fathers stood with a Bible facing the mothers, the beautiful children giggling and smiling all set on the ground forming a circle around their parents. The hall was full and happy. ***Although most of it was in Spanish, the language of love sounds clear in all our hearts whether we speak the language or not.***

I sat there and watched these men, men like those that I have been around my entire life, fully knowing how out of place they were in this situation. My heart was admiring them for being there. Each man took a turn reading a Bible verse to their wife. I asked what this was about, and I was told that the sisters hold a Bible study for the men in the area. Because it is Mother's Day weekend the assignment for the men was to pick a Bible verse that most reflected how they felt about their wife, mother of their children. I watched this beautiful scene unfold then my sight turned to the children. When one couple was up you could tell their children. Some were giggling smiling pointing at their dad. The Dads looked up grinning, doing what he could to get through his assigned task. The ones that tugged at my heart strings were the children that stood quiet when their parents turn came. You see when their father read the Bible verse to their mother, in a slow crackled tone with all their hearts. I watched as children gleam at their parents with tears running down their little cheeks. I watched the mothers melting at the words that were being spoken realizing their value and worth to their families. This is the vision, every time I think of the, Hermanas De La Oración Palmdale, which comes to my mind.

It was after that I witnessed approximately 15 to 20 of these couples go through this with their children that I turned to my host and said, "If I'm ever the State Regent of California this is going to be my Charity."

You see yes there are so many uglies in our world, so many needs that need to be met that the choices for choosing where your money goes to is endless. I believe that what we need to find those moments in time. Where something profoundly touches our hearts and we say to ourselves, "here is where I'm going to help."

What I experienced in this visit to the, Hermanas De La Oración Palmdale, was a community of devoted caring loving happy Sisters who worked diligently in their hard working community. These Sisters work tirelessly meeting the needs of those in most need. Not only doing that but also laying a strong foundation for the family. You see what touched me was that they were not only meeting the physical needs of these beautiful families in their community, but they were also taking them outside their comfort zones, which we all need to do sometimes, building the Foundation of Strength of Family, not only in in their Physical Needs but most Importantly their Spiritual Ones. And I truly believe that laying this strong foundation in the family will help to overt some of the ugly in the world years down the road.

I prayerfully ask that you seriously consider, generously supporting CA CDA 2024 Summer Charity Opportunity Drawing. Tickets and information have been sent out to your Court Regents through Flock-Notes. If you need more information or more tickets, please reach out to you District Deputy, or any member of the State Board.

Thank you in advance for your support of this very Beautiful and Worthwhile Fundraiser for the CA CDA State Charity.
In Unity and Charity

María Santos-Silva

2023-2025 CA CDA State Regent

"In the same way, your light must shine so that it can be seen by others; this will enable them to observe your good works and give praise to your Father in heaven."

Matthew 5:16



FIRST VICE STATE REGENT ~ Lorine Bakowsky

A Peaceful Kingdom



Happy Spring to you all blessed and beautiful women and men of CDA, As we journey through Lent and prepare for Easter, I am truly excited for Spring. There is nothing better than the crisp cool and sunny days of Spring. I like to see my cats walk in the backyard, smell the flowers one by one, watch for spring bugs, lay in the sun and bask in its warmth. They are content, happy and at peace...until a butterfly comes along and ...well, you know.

I believe as Catholic Daughters we strive for beauty, warmth and a peaceful kingdom. Our charitable works and works of mercy bring peace and happiness to so many others. I say bask in the knowledge that you and your court make a difference. If no one has told you thank you, THANK YOU, for all you do to help others, all you do to help your court thrive and be vibrant and alive. For the times you went above and beyond to help at an event, spent your own money for little extras to make an event or program run smoothly, or lent a sympathetic ear, Thank You.

We are the beautiful creatures of the garden, take note of the beauty around us, give thanks to each other, do not mangle the butterflies, and pray the prayer of St. Francis.

In Unity and Charity,

Lorine Bakowsky

SECOND VICE STATE REGENT ~ Sheri Kanagawa

Dear Catholic Daughter Sisters,



When I first joined Catholic Daughters 20 plus years ago, there was a retreat in the Bay area to learn about the Circle of Love. One afternoon we had the living rosary, where everyone was in a circle like a rosary and each of us helped lead the rosary. Now I grew up in a Catholic School till I was in 6th grade, and we said our prayers daily. But of course, when it was my turn to say the "Hail Mary," I totally could not remember the prayer. My brain went blank. I was scared to make a mistake in front of these beautiful CDA ladies. Thankfully, a lady beside me helped me thru it.

At another local retreat, we each had to introduce ourselves. One CDA member had the hardest time as it was always difficult for her to talk in front of groups. My heart just reached out to her as this was very hard for her. Years later, this member is now leading her diocese in monthly rosaries and also Vice Regent of her court PLUS District Deputy for a nearby court. She prayed about it, stepped out of her comfort zone and is now helping so many of her CDA sisters in her own court and in her local diocese.

In the next few months local court Regents will be getting nomination committees together to build a slate of officers for the year 2024-2026 year. Please reach deep inside yourself and pray that you too can move out of your comfort zone. Become an officer OR chairman and help build your court to reach even more people in your community and state thru Catholic Daughters.

Once an officer, you are never alone as there are Officer Training that will take place in Three Rivers the Friday before the retreat (May 24th from 1 to 4) and also in your area sometime in June, 2024. There will also be several Zoom classes offered. When I was asked to be State Secretary in 2021, I had several women I knew I could call to answer my questions. I did call these women, and still do if I am not sure about something. These Resourceful CDA sisters always explain to me any issues I might have. There is also our handy TOOLS OF THE TRADE, which is a resourceful tool that can guide you when needed.

So, when you receive that phone call, please do what I did and pray on it. Reach deep down and step out of your comfort zone to help build spread the love and devotion of Our Blessed Mother Mary thru Catholic Daughters.

Blessing to each and every one of our CDA Sisters,

Sheri Kanagawa



Lent: What do we hope to achieve in these forty days? Pope Francis has provided a list to consider. At first glance this list looks relatively easy, take another look. There are some things on this list that could be quite a challenge. However, I think the path to success is right there on the list. As we walk along this path it calls us to be prayerful, to be silent and listen for the Lords quiet voice, and most of all to trust in Him. CDA Sisters let us pray for each other as we take up the challenge of the

Forty Days of Lent.

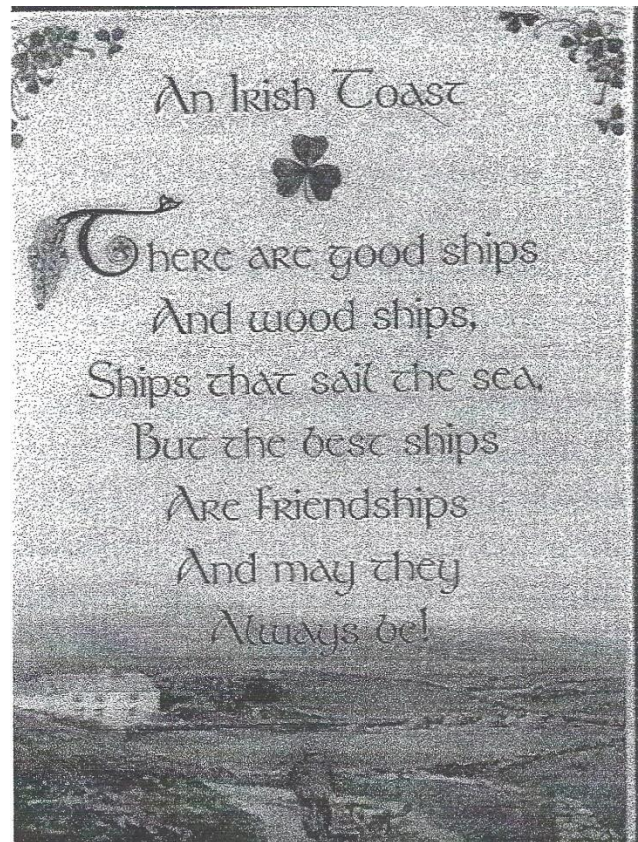
I would also like to wish you a Happy St. Patrick's Day, good luck on your journey, and leave you with an Irish toast!

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

pietrafitness.com



Blessings always

Yvonne Connolly

STATE TREASURER ~ Michelle Eck

Happy St. Patrick's Day and Happy Easter.



I hope your winter months were good. In Spring we think of Spring cleaning. It is time to Spring clean your faith and how you practice your faith. Try something new by joining a new ministry or participating in a new activity. Make a new friend to spend time with and share your faith. Explore new avenues of prayer. Be inspired by the newly confirmed candidates and help them join in celebrating their new faith. Guide them to a ministry to enhance their faith. Do not be afraid to help others explore their

faith. Now for some fun!!!

In Unity and Charity,

Michelle Eck

"FUN TIME"

K	R	K	Z	Y	B	F	M	D	P	O	F	P	A	Y	A	K	B
N	E	P	G	O	P	M	J	L	Y	R	T	J	E	P	G	L	R
D	S	O	U	N	Y	A	D	R	U	T	A	S	Y	L	O	H	J
F	U	I	N	R	I	S	L	S	B	X	X	Y	E	U	G	J	L
V	R	N	B	C	P	T	Y	M	A	E	C	A	E	I	J	D	G
I	R	T	U	P	U	L	S	A	A	C	I	U	F	R	R	P	B
X	E	F	O	R	E	H	E	A	D	Z	R	T	M	Z	D	P	J
H	C	Z	P	O	R	X	R	S	F	Y	Y	I	S	F	Z	J	Y
M	T	Q	O	E	Z	E	O	H	N	J	T	A	F	O	X	I	K
H	I	Y	M	V	B	L	T	E	J	E	P	R	D	I	D	A	H
C	O	B	W	M	G	T	L	S	T	Y	S	R	O	N	C	Y	K
K	N	L	M	H	Z	Q	H	E	A	O	E	I	P	F	U	E	B
M	L	J	Y	D	I	P	P	T	N	E	L	O	R	T	T	S	D
Y	W	U	X	T	A	T	Q	K	D	F	Q	Z	U	R	I	T	G
Q	R	Z	M	C	I	L	E	G	M	Q	D	J	E	S	U	S	M

Purple	Lent	Ashes	Easter	Prayer	Holy
Risen	Fasting	Sunday	Palm	Priest	Forehead
Jesus	Sacrifice	Forty Days	Resurrection	Holy Saturday	White



CA CDA SPRING ZOOM LEADERSHIP WORKSHOPS



ZOOM MEETING ID: 880 6068 2923

PASSCODE: CACDA

NOMINATING COMMITTEE

PROCESS & WHY!

&

MOTIVATE

NEW COURT LEADERS

ENCOURAGE ENTHUSIASM

&

CDA CEREMONIES

HOW TO DELEGATE

&

BE A SERVANT LEADER

WHEN:

**THURSDAY MARCH 7TH
AT 6:30 PM**

WHEN:

**THURSDAY MARCH 14TH
AT 6:30 PM**

WHEN:

**THURSDAY MARCH 21ST
AT 6:30 PM**



CIRCLE OF LOVE STATE CHAIRMEN

A circle is a curved line with every point equal distance from the point of the center and bound together by the common interest. The seven-point program of the CIRCLE OF LOVE is bound together by the common interest - LOVE.

FAMILY

Laura McQuoid ~ I_mcquoid@yahoo.com



As Easter approaches, the air fills with the promise of spring and joy. For Catholic families, this season holds a strong significance as we come together to celebrate the resurrection of Our Lord, Jesus Christ.

Amongst vibrant flowers, chirping birds, and budding trees, Easter serves as a time of reflection, gratitude, and spiritual growth. It is a moment for families to gather in prayer, share meals, and partake in the traditions passed down through generations. As we rejoice in hope, Easter reminds Catholic families the lasting power of faith, love, and community.

Catholic traditions are rich with symbolism and spiritual significance reflecting the core beliefs of our faith. Families can celebrate Easter and embrace the happiness of spring.

Lent: It is a time of fasting, prayer, and penance, reflecting on Jesus' sacrifice and preparing for the joy of Easter.

Palm Sunday: Catholics commemorate Jesus triumphant entry into Jerusalem.

Holy Week: We commemorate the Last Supper and the institution of the Holy Eucharist, Good Friday recalling Jesus' crucifixion and death, and Holy Saturday, a time of reflection and anticipation of the Easter Vigil.

Easter Vigil: The Easter Vigil is the most important liturgical celebration of the year for Catholics. It includes blessing the Easter fire, the lighting of the Paschal candle, and the proclamation of the Easter Exsultet. (A hymn and sacramental of the proclamation of the Resurrection of Christ.)

Mass: Families gather to celebrate the Resurrection of Jesus Christ.

Easter Eggs: Symbolizing new life and resurrection.

Easter Lily: A symbol of purity, new life and the resurrection.

We celebrate the end of winter and the coming of spring with all its beautiful colors and sounds. Easter is the most holy time for Catholics.

Laura McQuoid

EDUCATION

Cheryl Vitali ~ Cheryl.Vitali@gmail.com



Thank you to all the Courts that have mailed or emailed their Educational Contest entries. I am truly looking forward to looking closely at each of them. This is definitely a favorite time of the year for me as I love watching bulbs and trees emerge from their winter slumber. Lent is a reflective time and I often find my best spiritual focus outside church happens gardening. We have hectic lives that are often cluttered so when I slow down to remove weeds or plant seeds, it is meditative and taking a leap of faith that the effort will bring a yield. So today I am sharing about this special season of our liturgical year.

My husband and I had to suddenly give up something significant just before Lent began and the Lord miraculously did it in such a way that astounded us with how well He watches over us. It keeps on unfolding with unexpected blessings even in something that is very difficult. How does God do that? The journey to the Cross for our Savior was certainly not easy and those closest to him fled in their fears at the time of his passion. The women managed to stay, think on that for a moment. Obviously, their hearts were grieving yet what blessings unfolded on that first Sunday morning transfiguring their lives forever.

It is the hard things in life that transfigure our spirits and bring us closer to God. We are not unlike the hard seeds planted in the ground needing just the right conditions to thrive and grow. For myself, having massive changes in our plans opened up time for other things that were necessary or would have been neglected for too long. Lent is a time to stop and focus on what matters most in our faith. Slowing down to do so takes focus and commitment yet what a blessing comes forth.

An example I can give with my gardening is what I did yesterday at the garden plot we have started at the college last summer. I have enjoyed sharing my fall bounty and grown crops I have never attempted before. Needing to get new things beginning led to harvesting others, sharing, and finding ways to store for longer use. The ground needs to be tilled and amended. We needed to fence tender shoots to protect from visiting animals that love nibbling tender sprouts. One gains a real appreciation for those who work the earth for a living to grow food for others, because it takes patience and nurture for a healthy harvest to be produced. A lot happens when no one is watching and sometimes a plant will vanish nearly overnight.

Isn't our faith like that? Faith takes nurturing and patience, trust in the night, hope in the future and strength from the light of God's redemption.

May the seeds your Courts have lovingly planted and tended this year lead to growth in your parishes and help each of you to find women willing to step up and lead in the next two years. Look to your new officer selection with a hopeful Lenten focus. May we find women like those who stood by our Savior's cross and lovingly tended him in death and joyfully greeted him in resurrection.

Cheryl Vitali

CDA State Educational Chair

SPIRITUAL ENHANCEMENT

Wynsdey Adams ~ damewynsdey@gmail.com



Imago Dei during Lent and Easter

Greetings and blessings Ladies. Imago Dei during Lent calls us to recognize Jesus in the persecuted, abused, falsely accused and alone. The most vulnerable among us. We have been called to help and walk alongside those who carry such heavy crosses. We are reminded by our lord that we must uphold their dignity. Questions to reflect on this lent may be: what have I done today that upheld the dignity of Christ for someone who is struggling?

Our call as always is to be him to all and to see him in all.

It is in living out this calling that we enter into the Easter season with all the hope and Joy that is the love of Christ risen.

Wynsdey Adams

LEADERSHIP

Ismaela Muniz-Heiden ~ ismaela.muniz@gmail.com



Blessings CDA Sisters in Christ and HAPPY NEW YEAR! As we enter this time of Lent, it is a great season and time to remind us of the ultimate sacrifice Christ did for us. This is a time of contemplation, abstinence, purification, fasting, almsgiving and deep intentional prayer. This is also a time of preparation, sacrifice and time to reflect and live for Jesus and carry our crosses. My prayer for all of you is that we too sacrifice so that our relationship with our Heavenly Father is strengthened. During

this springtime, it is also a reminder of all the graces we are given, as long as we ask and go to our Heavenly Father in gratefulness and Thanksgiving. As Catholic Daughters, we are also in the time of the year where we are asked to serve our Heavenly Father by serving one another. This is the time during our CDA calendar year that we too are asked to make a commitment to serve one another and sharing those God given gifts and talents by accepting a Leadership role, not only within our individual Courts, but Statewide and Nationwide. The time of beautiful change is upon us, and I would love to encourage each and every one of you to consider a very active role within your Court. Keep in mind, God did not put us on this earth to do everything ourselves, but rather to extend a helping hand and loving heart in helping one another. Let us come together as one and make the commitment to our Heavenly Father, each other and ourselves to be the Catholic Daughters, He would have us be and will help us become because with Him, ALL is possible. I wish each of you a very blessed Lenten and Easter Season. I also look forward to seeing all of you that will be attending our State May Retreat at Three Rivers. As your Leadership Chairman, I would like to personally thank all the Courts that submitted their Leadership Circle of Love forms and I anxiously await being able to present the certificates to the winners. Please remember, I am Here to Help (H2H), and I look forward to working with the new slate of Officers within each Court. As I have mentioned previously, it would be my pleasure to attend one of your monthly meetings and personally meet all of you; so in the event I have not reached out to you, please do not hesitate and reach out to me. Continued blessings to you and all of yours! Ismaela Muniz Heiden, ismaela.muniz@gmail.com.

Ismaela Muniz Heiden

Kathi Morris ~ Kathi.Morris51@comcast.net



"I have a dream..."

~Martin Luther King~

This Lent, many in our Court are embarking on a pilgrimage. It is not a physical trek to the Holy Land, but rather a spiritual pilgrimage reading the book, "33 Days to Eucharistic Glory by Matthew Kelly" recommended by our Worthy Regent, Robin

Roth.

Now in my second week, I highly recommend ordering the book. It can be found on AMAZON and DynamicCatholic.com. The book is an informative, insightful, and illuminating guide to Eucharistic Consecration.

I will complete my 33 days on the feast day of St. Cyril of Jerusalem – a theologian and defender of the divinity of Christ. I am now reading the "Catechetical lectures of St. Cyril" in conjunction with the 33 Days to Eucharistic Glory.

I did not plan it that way, I was seriously ill with a sinus infection and vertigo and decided what better way to spend my time while confined to my home than to begin my pilgrimage while simultaneously learning about Saints.

An excerpt from Eucharistic Glory:

"Eucharistic Consecration will take your spiritual life to unimaginable new levels, but it will also energize the way you participate in relationships; ignite a new curiosity about yourself and others; transform the way you think about money and things; refocus your professional life; liberate you from many of your fears, doubts, and anxieties; make you aware of the hopes and dreams God has placed in your heart; and breathe new life into your appreciation for the genius of Catholicism."

The book consists of 33 daily readings. The dream is that the whole world would be consecrated to the Eucharist.

One person at a time

One marriage at a time

One family at a time

One neighborhood at a time

One parish at a time

One diocese at a time

One country at a time

I eagerly await each day to read the short 5 or 6 pages and busily highlight passages that speak to me. Here are a couple of gems:

Mother Teresa: Her faith was not speech. It was living and breathing. She saw each moment as an opportunity to love. "Every person is Christ for me, and since there is only one Jesus, the person I am meeting is the one person in the world at that moment."

When Pope John Paul II knelt down to pray after confession, he “would go to that place deep within himself, and from that place he brought forth the fruit of his life: wisdom, compassion, generosity, understanding, patience, courage, insight, forgiveness, humility, inspiration, and a love so apparent you could almost touch it.”

Each chapter ends with the lesson and the virtue of the day and closes with spiritual communion:

Jesus, I believe that You are truly present in the Most Holy Sacrament of the Eucharist. Every day I long for more of You. I love You above all things, and I desire to receive You into my soul. Since I cannot receive You sacramentally at this moment, I invite You to come and dwell in my heart. May this spiritual communion increase my desire for the Eucharist.

You are the healer of my soul.

Take the blindness from my eyes, the deafness from my ears, the darkness from my mind, and the hardness from my heart. Fill me with the grace, wisdom and courage to do Your will in all things. My Lord and my God, draw me close to You, nearer than ever before. Amen

Won't you join us on our pilgrimage and help consecrate one Court at a time?

Wishing all my beautiful sisters a glorious Easter filled with pure joy and a closer walk with God.

Kathi Morris

MEMBERSHIP/EXTENSION ~ NORTHERN



Maureen Laubacher ~ maurlaub@aol.com

My husband and I gave up our trip to Arizona for Spring Training this year. I was sorry not to be able to visit my cousins who live in the Phoenix area. However, I am happy to report that my husband, Bob Schoenborn, successfully completed his second hip surgery, so the right hip is now mending. This process is slower than the recovery on the first hip, which was replaced in November.

I will be limited in my journeys across the state for at least another six weeks. Due to the potential for blood clots, Bob cannot sit in a chair for more than an hour at a time unless it is his recliner with feet elevated. I do not want to be far from his side as he recovers. I need to remind him to relax, we can be back to a closer to normal schedule in April. I am trying to keep meetings and appointments to under two hours – not always succeeding, but still trying.

I have not been too involved in membership drives with managing the recoveries from the two surgeries, but I expect my involvement to pick up. Please feel free to contact me about any Northern California courts having membership drives. I would love to hear what you are doing and how successful your efforts are.

Travel safely this Easter season. Celebrate the Resurrection of Christ with family and friends,

May the peace of Christ be with you always,

Maureen Laubacher

PARLIAMENTARIAN

Laura Vacca ~ Lauraspencer.vacc@gmail.com



Spring greetings to our CA Courts!

These first few months of the year have flown by, and we are approaching the time in our courts when we look toward replacing outgoing officers. Robert's Rules, Chapter 12 Nominations and Elections clearly defines the roles and the responsibilities of the Nominating Committee. The duty of these members is to find the best candidate for each office. Please look at the online Tools of the Trade to find the description of duties for each office, and the eligibility requirements. If anyone is elected, and it is discovered after the election (i.e., they have not paid dues) the election of that officer is null and void. Regent is an ex-officio member of all committees except Nominating Committee. The Recording Secretary, or in some courts who have membership managed by the Vice Regent, is responsible for providing a current membership roster to the committee and a copy of the bylaws.

The committee made up of 2-3 members should meet, carefully review the membership list, and select the people who they think will do the best job in each office. A member of the committee should then be designated to call each nominee to see if he or she is willing to serve if elected. If someone is not willing to serve, the committee needs to meet again and find another candidate.

If no candidate is found, the committee can leave that slot open for nominations from the floor. Or they can tell members publicly that they do not have a nominee for a certain office; this allows members to volunteer. No one should be nominated without his or her consent because, if elected, the person may decline to serve, and members will have to hold another election.

"If only one person is nominated, and the bylaws do not require that a ballot vote be taken, the chair, after ensuring that, in fact, no members present wish to make further nominations, simply declares that the nominee is elected, thus effecting the election by unanimous consent or 'acclamation.' "When more than one person has been nominated and the election is by voice vote, the chair takes the vote on the candidates in the order in which they were nominated. Members must remember to vote yes for the candidate that they want and vote no for the other candidates. The first candidate to receive a majority vote wins."

Why not consider running for a position in your Court! Ralph Waldo Emerson "The only person you are destined to become is the person you decide to be.

Have a blessed Easer and continue to find the joy in all you do! - Laura Vacca, Parliamentarian

Laura Vacca

I was hungry and you gave me something to eat, I was thirsty, and you gave me something to drink, I was a stranger and you invited me in, I needed clothes, and you clothed me, I was sick, and you looked after me, I was in prison, and you came to visit me... Whatever you did for one of the least of these brothers and sisters of mine, you did for me.

Matthew 25:36, 40 NIV



Dues & Charity Distribution List 2023– 2025

CA CDA Special Funds

Apostleship of the Sea
(California)
Covenant House
(West Coast)
Emergency Relief Fund
Right to Life/Pro Life
Meals on Wheels

State Regents Charity

Hermanas De La Oración
"Missionary Sisters -
Servants of the World"
Palmdale

CA CDA Special Projects

California State Scholarship
Bishops Burse
(Courts Diocese)
Tree of Life
(CA Central Coast)
Smile Train

All Contributions to State
Court Special Funds,
State Regents Charity or
Special Project Contributions
should be

Made payable to:
CA Catholic Daughters of the Americas.
One Check for \$200
(\$20 per State program per year)

Please mail all Charity Checks to:

CA CDA State Secretary
Yvonne Connolly
1433 Jesusita Lane
Santa Barbara, CA 93105

National Projects

Habitat for Humanity
Labouré Society
National Council on Sexual Exploitation
Holy Cross Family Ministries
SOAR! (Support Our Aging Religious)

National-Charities Endorsed by National CDA

The North American College
Tutwiler Clinic
Catholic Relief Services
The Disaster Relief Fund
Apostleship of the Sea
Missionaries of Charity
Basilica of the National Shrine of the
Immaculate Conception
Catholic Extension
Human Life International

All Contributions for the National Projects or
Charities should be made payable to:
Catholic Daughters of the America

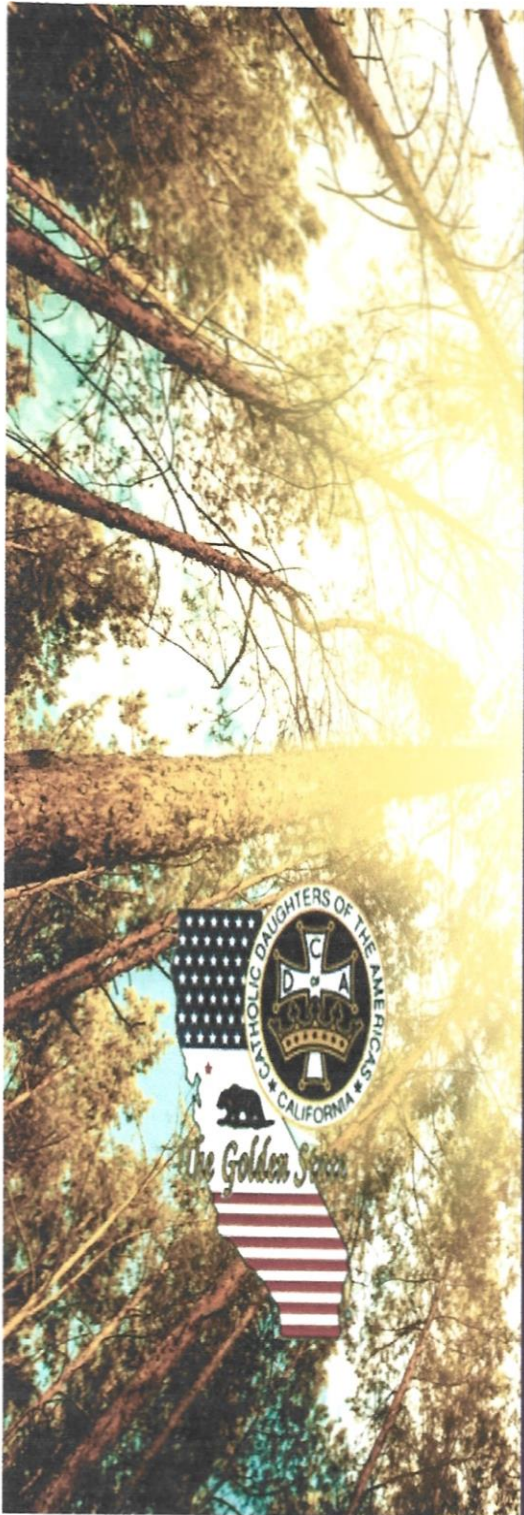
One Check for \$150
(\$10 per National program per year)

CA CDA State Dues: \$12.00/Year
National CDA Dues: \$18.00/Year

Please Mail All National CDA Donations to:

Catholic Daughters of the Americas
10 West 71st Street
New York, NY 10023

"In the same way, your light must shine so that it can be seen by others, this will enable them to observe your good works and give praise to your Father in heaven." Matthew 5:16



FINDING GRACE
THROUGH GOD'S LIGHT
IN US

CA

Catholic Daughters of the Americas

2024 STATE RETREAT

MAY 24TH TO MAY 26TH

2024

ST. ANTHONY RETREAT

CENTER

THREE RIVERS, CA

SPRITUAL RETREAT
& LEADERSHIP LEARNING
SESSIONS

"IN THE SAME WAY, YOUR LIGHT MUST SHINE SO THAT
IT CAN BE SEEN BY OTHERS; THIS WILL ENABLE THEM
TO OBSERVE YOUR GOOD WORKS AND GIVE PRAISE TO
YOUR FATHER IN HEAVEN." MATTHEW 5:16



Catholic Daughters of the Americas
California State Court

DEFINING GRACE THRU GOD'S LIGHT IN US

MAY 24-26, 2024 | FRIDAY CHECK IN 12:30 -1:00 PM

ST. ANTHONY'S RETREAT CENTER
43816 SIERRA DRIVE, THREE RIVERS CA 93271

JOIN YOUR CDA SISTERS IN A WEEKEND OF SPIRITUALITY, OFFICER TRAINING ENRICHMENT AND FELLOWSHIP AT OUR ANNUAL SPIRITUAL RETREAT AND LEADERSHIP LEARNING SESSIONS AT THE MAJESTIC ST. ANTHONY'S RETREAT CENTER. ST. JOHN'S CATHEDRAL'S DEACON VICTOR IS OUR GUEST SPEAKER THAT WILL HELP US LET OUR LIGHT SHINE THRU THE GRACE OF GOD AND OUR BLESSED MOTHER.

Meals included starting with dinner Friday night and ending at Sunday lunch. All rooms are double occupancy. Make sure you have eaten lunch before the Officer's Workshop on Friday.

-----Fill out this section for each attendee-cut here-----

Court Name: _____ Ct# _____
Your Name: _____ Your Phone: _____
Address: _____
City: _____ State _____ Zip code _____

_____ I will be attending Officer's Training. Area I want to attend _____ Regent/Vice Regent
_____ Financial Secretary/Treasurer, _____ Secretary

_____ Early Registration send by May 1st, _____ Late Registration May 2nd- 15, add \$25.

Full Retreat _____ \$250 Saturday only _____ (begins 8am breakfast) \$100

All rooms are double occupancy. Please list name of person sharing your room.
If none are listed, we will assign the room. _____

Check this box if you have a physical limitation and need a first floor accommodation.

Check this box if you have any Dietary Restrictions or Food Allergies.
Please list the restrictions or food allergy: _____

Return forms and check to:

CDA California State Court
Sheri Kanagawa, 2nd Vice State Regent
2331 W Andrew Lane
Hanford, CA 93230

**AS PART OF OUR CIRCLE OF LOVE,
WE ARE ASKING CDA SISTERS TO
DONATE SCHOOL AND CRAFTS
SUPPLIES FOR ST. ANTHONY'S
SANTA TERESITA YOUTH
CONFERENCE CENTER. PLEASE
BRING TO THE RETREAT**



California State Catholic Daughters of the Americas Charity Drawing 2024

February 10, 2024

Dear Sisters,

Greetings and Blessings from your state board!

We are pleased to announce the 2024 Charity Drawing is beginning. Proceeds will be donated to our state charity, Hermanas de la Oracion or Missionary Sisters Servants of the Word in Palmdale, California. The sisters operate a small convent and hope to expand to a retreat center while they continue their work with the local community by providing spiritual family activities in a migrant community. The sisters often need materials and supplies in order to perform their work. Please consider purchasing a sheet of drawing tickets as an individual or a court.

The Drawing will take place at the State Spiritual Retreat in Three Rivers, California, in May 2024. First Prize is \$1000.00, Second Prize is \$500 and the Third Prize is \$250.

Please make sure to include **your court number** on each ticket slip.

Make checks payable to "CA State CDA".

Send tickets and payment to:

Lorine Bakowsky
1121 Bodmin Ave
San Leandro, CA 94579

For the raffle tickets, click the link below:

Download charity tickets:

[CDA State Charity Drawing tickets May 2024 \(1\) \(3\).pdf](#)

Return tickets and payment to:

CDA California State Court
Lorine Bakowsky, 1st Vice State Regent
1121 Bodmin Ave
San Leandro, CA 94579

ANNIVERSARIES

APRIL

COURT #	COURT NAME	CITY	ANNIV DATE	2024
686	Salinas	Salinas	4/21/1921	103
1003	Little Flower	Visalia	4/25/1926	98
1378	St. Catherine	Torrance	4/29/1945	79
1505	Ramon Mestres	Monterey	4/3/21949	75
1507	San Ysidro	Tujunga	4/24/1949	75
1890	Our Lady of the Visitation	Sacramento	4/29/1962	62
2714	Immaculate Heart of Mary	Brentwood	4/30/2016	8
2733	Daughters of St Joseph the Worker	San Bernardino	4/23/2017	58

MAY

COURT #	COURT NAME	CITY	ANNIV DATE	2024
172	Sacramento	Sacramento	5/5/1912	112
640	Marysville	Yuba City	5/22/1921	103
1344	Our Lady of Victory	Redondo Beach	5/17/1942	82
1406	St. Raphael	San Rafael	5/5/1946	78
1407	Francesca Cabrini	Stockton	5/26/1946	78
1803	Holy Spirit	Yucaipa	5/17/1959	65
2057	St. Raymond	Dublin	5/3/1972	52
2218	Our Lady of the Holy Spirit	San Diego	5/10/1980	44
2312	Our Lady of Shasta	Redding	5/20/1989	35
2392	Our Lady of Wisdom	Rancho Cordova	5/13/1994	30
2446	Holy Innocents	Hesperia	5/25/1997	28

JUNE

COURT #	COURT NAME	CITY	ANNIV DATE	2024
519	Whittier	Whittier	6/13/1920	104
1402	Our Lady of Perpetual Help	Modesto	6/14/1946	78
1410	St. Joseph	Corona	6/23/1946	78
1934	St. John Baptist De La Salle	Concord	6/13/1965	59
2360	St. Malachy	Tehachapi	6/22/1991	33
2553	St. Joachim	Madera	6/18/2005	19
2753	Daughters of Divine Mercy	Clovis	6/9/2019	5

UP-COMING COURT EVENTS

SAVE THE DATE: Ct. ST. FRANCIS OF ASSISI #1652 SPRING LUNCHEON

When: Sunday, March 17, 2024
Where: McHugh Hall
1000 N. Harris St., Hanford, CA
Time: 11:00 a.m. – 2:00 p.m.
Contact: Teresa Evangelo @ 559-816-8660
6926 6th Ave., Hanford, CA 93230
Cost: \$30.00 per person (NO TICKETS ARE SOLD AT THE DOOR)
Tables of 8 persons also are available
Tickets are on sale until March 4, 2024
Make checks payable to CDA Court #1652

SAVE THE DATE: DIVINE MERCY SUNDAY One Day Pilgrimage Trip

When: Sunday, April 7, 2024
Where: Shrine of Our Lady of Peace, Santa Clara, California
Time: Bus loads @ 8:00 am
Parking lot at Ventura Market – corner of 3rd & Ventura
Cost: Bus fare is \$25.00 per person
Contact: Mary Vega Harguindeguy @ 559-498-3369 or 559-803-2370
Bring your Rosaries & lunch. We will eat lunch in San Juan Bautista.

SAVE THE DATE: Hermanas de la Oración California

What: Come meet our State Sisters
When: Saturday, May 11, 2024
Where: Hermanas de la Oración California
39501 180th St. E., Palmdale, CA
Time: 10:00 a.m. – 2:00 p.m.
Host: Court St. Andrew
Crown our Blessed Mother in honor of Mother's Day
Angelus – Adoration – Lunch – Talks
Register: Contact Karen Aguirre @ 661-317-5212
kaquirre@email.fielding.edu

SAVE THE DATE: COURT COMPTON #942 CRUISE

When: May 30 – June 4, 2024
Where: Mexico
Ship: New Carnival ship Firenze
Depart: Long Beach, CA
Deposit: \$150.00 per person to hold cabin – due by December 15, 2023
Cost: Interior cabin - \$383.00 pp plus \$246.65 tax – Deck 6 & 7
Balcony cabin - \$583.00 pp plus \$246.65 tax pp – Deck 6 & 7
Deadline: Final payment due March 16, 2024
Contact: Yvonne Iraldo @ 310-678-9389 or Ymiraldo@yahoo.com

COURT ACTIVITIES

MEMBERS OF THE SIX CDA COURTS OF OAKLAND DIOCESE

We were at the Cathedral of Christ the Light in Oakland, CA on All Saints Day to present the Bishop with a \$6,000 check for the seminarians of the Oakland Diocese from the six Catholic Daughter courts of the Oakland Diocese.



WELCOME: A NEW CA JCDA COURT



The CA State Board is proud to introduce our Newest JCDA Court Mary Queen of Light Charter Regent Bella Bustamante.

Pictured left to right with Bella are Parliamentarian Laura Vacca, 1st Vice State Regent Lorine Bakowsky, State Regent Maria Santos-Silva, State Treasurer Michelle Eck, State Secretary Yvonne Connolly, 2nd Vice State Regent Sheri Kanagawa.

ST. FRANCIS OF ASSISI #1652

Our Baby Shower for Crossroads Pregnancy Center was a great success! Great job ladies! Thank you to Fr. Cesar for blessing all the items as well!



Fr. Cesar blessing the gifts



Representative from the Crossroads Pregnancy Center receiving gifts.

**COURT MARY QUEEN OF THE WORLD #2400
29TH ANNIVERSARY LUNCHEON
FEBRUARY 11, 2024**



**COURT ST. RAYMOND #2057
BAKE SALE
FEBRUARY 11, 2024**



**COURT ST. JOHN #2526
20TH ANNIVERSARY
JANUARY 28, 2024**



COURT REGINA COELI

1ST ANNUAL BUNCO MARDI GRAS EVENT



Court Regina Coeli celebrated their first bunco celebration event. THANK YOU to all the people that contributed to make our 1st Annual Bunco Mardi Gras Event. We had a blast, and the prizes and food were amazing along with the decor. As a community event it was wonderful and very well received. Our Bunco Community went above and beyond with everything. Our CDA sisters are proud of you for trying something new and out of our comfort zone and making it a success!!!



COURT ST. JOACHIM #2553 PRAYER BREAKFAST

CA CDA State 2nd Vice Regent Sheri Kanagawa was honored to attend a Beautiful Prayer Breakfast with Court St. Joachim #2553 in Madera CA. A beautiful event enjoyed by all who were able to attend.



COURT SAINT RAYMOND #2057

Court Saint Raymond #2057 membership tea installation for Monica Gomez, we were very blessed we had Father Eric lead our recommitment ceremony.



COURT ST. JOHN #2526 UPCOMING EVENTS

Patriotic Rosary, 1st Monday of every month at 6 pm via Zoom

Divine Mercy Bus trip to Santa Clara on April 7, 2024 – more detail information on page 21

Couples Retreat (open to everyone) Sunday, April 28, 2024 – more information on page 34

Mother Mary May Crowning, May 19, 2024

Yard Sale, June 1, 2024

COUPLES RETREAT



**CDA Court
St. John 2526**



SUNDAY APRIL 28, 2024
8:00 AM - 4:00 PM

RSVP to:
**Ismaela Muniz Heiden, CDA
Regent**
559-908-3818
ismaela.muniz@gmail.com

**Whether you have
been in a relationship
for a few or many
years or would like to
be in a relationship in
the future, this
retreat is for you!**

**MAKE CHECK PAYABLE TO CDA
COURT 2526
MAIL TO: 6213 N. GILROY AVENUE
FRESNO, CA 93722**

**Please drive to the back of the
property, bring your Bible &
writing materials to take notes.**

**THE GARZA'S HOME
3737 W. MCKINLEY AVENUE
FRESNO, CA 93722**

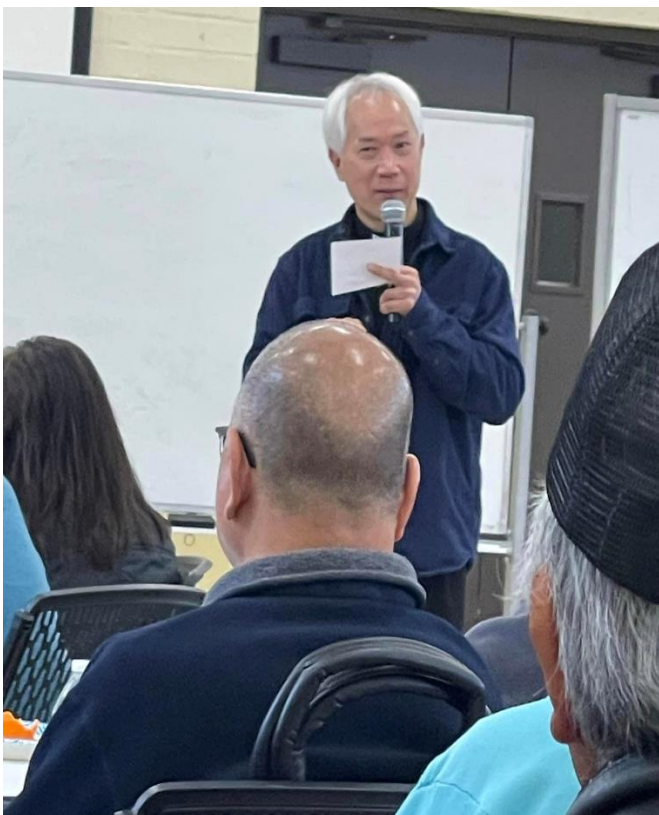
**\$20.00/person
Continental breakfast and
lunch will be provided**



DEADLINE TO REGISTER: 4/15/2024

COURT ST. CATHERINE #1378

Lenten Retreat by Father Tran with the Catholic Daughters of America group.



ST. FRANCIS OF ASSISI #1652

We also just celebrated our 70th anniversary in October. We have 83 members and had 6 other courts in the Fresno diocese join us as well.



WEBMASTER

Yvette Manard ~ proactivepatient@verizon.net



As Catholic's we are aware that the three traditional pillars of Lent are prayer, fasting and almsgiving. It is through the active practice of these pillars of Lent we develop a closer relationship to God.



In reflection on these three pillars, I am thankful to be a Catholic Daughter as we are not alone in our praying and charitable giving. We are united as a sisterhood in praying the rosary, prayer during meetings, events and at church as a spiritual community. Additionally, we are united in giving to many charitable projects on a national, state and in our local community.

Practicing these Lenten pillars individually and as a community reminds us that as we journey toward the Easter Vigil, we are not alone, and God's love is always around us.

Happy Easter and blessings to you and your family,

Yvette Manard, State Webmaster

NATIONAL NEWS

[Emily Guilherme, National Regent](#)

www.catholicdaughters.org

[Emily's theme: "Faith as small as a Mustard Seed can move Mountains" Matthew 17:20](#)

SAVE THE DATE: JCDA SWEET RETREAT

When: Sunday, June 9 – Wednesday, June 12, 2024

Where: Embassy Suites by Hilton
1000 Woodward Place NE
Albuquerque, New Mexico

Registration: \$199.00 per attendee

Registration fee includes 2 dinners, 2 lunches and breakfasts

Room Rate: \$149.00 plus tax

2 queen beds plus sofa sleeper

In order to provide a safe place for all attendees, all adults must be complaint with Safe Environment policies in their Diocese.

SAVE THE DATE: 2024 60TH BIENNIAL NATIONAL CONVENTION – HOTEL INFO

When: August 14-18, 2024

Where: Riverside Hilton
Two Poydras Street, New Orleans, LA 70130

To make reservations: Online

Step 1: Go to: <https://book.passkey.com/e/50691838>

Step 2: Select your arrival/departure dates

Step 3: Select room type

Step 4: Enter name and payment information

To make reservations: Telephone:

Step 1: Call 1-800-HILTONS

Step 2: Once have live agent, request Hilton New Orleans Riverside, Two Poydras St, New Orleans, LA

Step 3: Identify you are with a Group (**Catholic Daughters of the Americas 2024,** the code is **ACD**) – last day for discount rate: July 15, 2024

Discounted Group Room Rate:

\$155.00 USD – per person, per night, plus 16.20% tax & \$3.00 occupancy fee

SAVE THE DATE: 2024 60TH BIENNIAL NATIONAL CONVENTION – REGISTRATION

REGISTRATION:

Delegate: \$175.00 postmarked on or before June 1st

Alternate: \$155.00 postmarked on or before June 1st

Non-Voting member: \$155.00 postmarked on or before June 1st

Checks payable to: **Catholic Daughters of the Americas**
10 W. 71st Street, New York, NY 10023

MEAL RESERVATION:

New Orleans Fun Night (Friday night): \$80.00 postmarked on or before June 1st

Appreciation Banquet (Saturday night): \$90.00 postmarked on or before June 1st

Clergy/Spiritual Advisor Lunch (Thursday): \$65.00 postmarked on or before June 1st**

** (I checked with Sheila Moore & spouses can attend this luncheon)

Checks payable to: **Catholic Daughters of the Americas**

Mail to: Sheila Moore

44410 Edward Guidry Rd., Saint Amant, LA 90774
LaCDAFirstVSR@gail.com

CDA NATIONAL MEMBERSHIP CONTEST RUNS FROM AUGUST 2022 – JUNE 2024:

It is that time again, time for recruiting new members! All on track for Courts to host membership drives, socials, fun nights, spiritual events, any event that spreads the word and attracts more passengers that could help us establish more CDA train stops with new court members! Climb aboard the CDA membership Train! Invite other women to experience the spiritual benefits and joys of being a Catholic Daughter!

Prize for local courts gaining the most members:

1st place = \$200 2nd place = \$150 3rd place = \$100

Category 1: 1-75 members **Category 2:** 75-150 members **Category 3:** 151 + members

Prize for State Courts instituting most new courts:

1st place = \$500 2nd place = \$350 3rd place = \$200

Contact: National Membership Chair M. Susan Hicks

Phone: 608-851-9137

Email: WisconsinCDA@aol.com

Congratulations to the JCDA Photo Challenge Winner:

St. Teresa of Calcutta 409

Perham, Minnesota

A \$100 gift card will be mailed to the lucky court to use as they choose to celebrate!!



Congratulations to the winner of the "Girl's Trip to the Grand Old Lady:"

Terri Schoolcraft

Peacham, VT

EXCITING NEWS... CALIFORNIA CDA NEW WEBSITE IS LIVE!

We are proud to announce the publishing of our new website.

The NEW URL is www.californiacatholicdaughters.org

Please bookmark the new website URL. The old website will automatically redirect to the new website.

We are continuing working on the website with coming soon pages, monthly updates, photos, etc.

Thank you,

Yvette Manard, State Webmaster

CALENDAR DATES

APRIL

7 Divine Mercy Sunday

MAY

2 National Day of Prayer
5,6,7 One Million Rosaries for the Unborn
9 Ascension of Jesus
12 Mother's Day
19 Pentecost
26 Trinity Sunday
27 Memorial Day
30 Feast of Corpus Christi

JUNE

2 Priest Appreciation Day
9-12 JCDA "Sweet Retreat"
14 Flag Day
16 Father's Day
18 CDA Instituted – June 18, 1903

GOLDEN STATE TIDINGS DUE DATES

EDITOR ~ Karen Jones ~ kdj4237308@gmail.com



Share what your court is doing with your CDA Sisters. Send in Your Articles! Share with your Sisters! Your articles or updates can be sent either in email format with the text in the body of the email or as an attachment. **I WILL NOT SHORTEN your**

articles).

Karen Jones

DUE DATE

March-Spring 2024
June-Summer 2024

SUBMISSION DATE

submit between February 1-22, 2024
submit between May 1-22, 2024

DUE DATE

Sept-Fall 2024
Dec-Winter 2024
March-Spring 2025
June-Summer 2025

SUBMISSION DATE:

submit between August 1-22, 2024
submit between November 1-22, 2024
submit between February 1-22, 2025
submit between May 1-22, 2025